

# Making the most of discussions with your healthcare provider



## What is STIMUFEND® (pegfilgrastim-fpgk)?

STIMUFEND is a man-made form of granulocyte colony-stimulating factor (G-CSF). G-CSF is a substance produced by the body. It stimulates the growth of neutrophils, a type of white blood cell important in the body's fight against infection.

## IMPORTANT SAFETY INFORMATION

**Do not** take STIMUFEND if you have had a serious allergic reaction to pegfilgrastim or filgrastim. **Before you receive STIMUFEND, tell your healthcare provider about all of your healthcare conditions, including if you:**

- Have a sickle cell disorder
- Are allergic to latex – The needle cap on the prefilled syringe contains dry natural rubber (derived from latex).
- Have kidney problems
- Are pregnant or plan to become pregnant. It is not known if STIMUFEND may harm your unborn baby.
- Are breastfeeding or plan to breastfeed. It is not known if STIMUFEND passes into your breast milk.

Please see Important Safety Information throughout this brochure and [full Prescribing Information, Patient Information, and Instructions for Use.](#)



## Preparing for your next appointment

Learning more about your treatment helps you take an active role in planning your care.

Here are some tips for your next appointment:

### Don't be afraid to speak up

While your healthcare provider is a medical expert, you are an expert, too—on yourself and your experience. Be sure to share your goals, questions, concerns, and symptoms with your healthcare provider, as it will help them better understand your needs.

### Ask for clarification if needed

It's important you understand the information your healthcare team is sharing. If you find anything confusing or unclear, ask them to explain it in a different way.

### Prepare a list of questions

To help make sure the conversation covers everything you want to address with your healthcare team, try preparing a list of topics or questions ahead of time to bring to the appointment.

## IMPORTANT SAFETY INFORMATION (cont'd)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

### Warnings and Precautions

- **Spleen Rupture.** Your spleen may become enlarged and can rupture while taking STIMUFEND® (pegfilgrastim-fpgk). A ruptured spleen can cause death. Call your healthcare provider right away if you have pain in the left upper stomach area or your left shoulder.
- **A serious lung problem called Acute Respiratory Distress Syndrome (ARDS).** Call your healthcare provider or get emergency medical help right away if you have shortness of breath with or without a fever, trouble breathing, or a fast rate of breathing.
- **Serious Allergic Reactions.** STIMUFEND can cause serious allergic reactions. These reactions can cause a rash over your whole body, shortness of breath, wheezing, dizziness, swelling around your mouth or eyes, fast heart rate and sweating. Call your healthcare provider or get emergency medical help right away if you have any of these symptoms.
- **Sickle Cell Crises.** You may have a serious sickle cell crisis, which could lead to death, if you have a sickle cell disorder and receive STIMUFEND. Call your healthcare provider right away if you have symptoms of sickle cell crisis such as pain or difficulty breathing.

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## Sample questions for your healthcare provider

To get started, consider asking some of the questions listed below and on pages 4 and 5. When preparing your list, you may decide to skip a few of these questions or add other questions not included here. Space for notes is provided below each question.

### For your next appointment:

*What type of chemotherapy am I receiving, and am I at risk of infection?*

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*Why does my chemotherapy put me at risk of infection?*

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*What could happen if I get an infection?*

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*What does an infection mean for a patient with cancer?*

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*What can be done to help reduce my risk of infection?*

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## Sample questions for your healthcare provider (cont'd)

*What is STIMUFEND® (pegfilgrastim-fpgk)?*

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*Why will I be receiving STIMUFEND?*

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*What is the goal of treatment with STIMUFEND?*

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*When/How often/For how long will I receive STIMUFEND treatment?*

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*How will it be given?*

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*What are the potential side effects associated with STIMUFEND?*

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### IMPORTANT SAFETY INFORMATION (cont'd)

- **Kidney injury (glomerulonephritis).** STIMUFEND can cause kidney injury. Call your healthcare provider right away if you develop any of the following symptoms: swelling of your face or ankles, blood in your urine or dark colored urine, or you urinate less than usual.
- **Increased white blood cell count (leukocytosis).** Your healthcare provider will check your blood during treatment with STIMUFEND.

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## Sample questions for your healthcare provider (cont'd)

*What can I do to manage side effects if they occur?*

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*When do I need to call the doctor/nurse/office regarding a side effect or change in health?*

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*Is STIMUFEND<sup>®</sup> (pegfilgrastim-fpgk) covered by my insurance?*

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*Is financial support for STIMUFEND available to me?*

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### For follow-up appointments:

*What can I do to manage any side effects I am experiencing?  
(If you are experiencing any side effects that are causing you difficulty or discomfort,  
share that information with your healthcare team.)*

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### IMPORTANT SAFETY INFORMATION (cont'd)

- **Decreased platelet count (thrombocytopenia).** Your healthcare provider will check your blood during treatment with STIMUFEND. Tell your healthcare provider if you have unusual bleeding or bruising during treatment with STIMUFEND. This could be a sign of decreased platelet counts, which may reduce the ability of your blood to clot.

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# Between-appointments diary

My next appointment is on \_\_\_\_\_ at \_\_\_\_\_  
(DATE) (TIME)

## Monitoring your experience after treatment can make preparing for your next appointment easier.

You can use the chart below to record how you are feeling each day, including any side effects you experience, and to write down any questions you may have for your healthcare team throughout the week after your treatment with STIMUFEND® (pegfilgrastim-fpgk).

Date	How am I feeling today?	Questions for healthcare team



Date	How am I feeling today?	Questions for healthcare team



If this chart is helpful to you, you can use the same format to take notes after future treatments with STIMUFEND<sup>®</sup> (pegfilgrastim-fpgk), or download another copy of this guide from [STIMUFEND.com](https://www.stimufend.com).

## Are you prepared for your next healthcare provider appointment?

### Don't forget to:

- Review the sample questions
- Fill out your between-appointments diary
- Bring a pen to take notes during your appointment

### IMPORTANT SAFETY INFORMATION (cont'd)

- **Capillary Leak Syndrome.** STIMUFEND<sup>®</sup> (pegfilgrastim-fpgk), can cause fluid to leak from blood vessels into your body's tissues. This condition is called "Capillary Leak Syndrome" (CLS). CLS can quickly cause you to have symptoms that may become life-threatening. Get emergency medical help right away if you develop any of the following symptoms:
  - Swelling or puffiness and are urinating less than usual
  - Trouble breathing
  - Swelling of your stomach area (abdomen) and feeling of fullness
  - Dizziness or feeling faint
  - A general feeling of tiredness
- **Myelodysplastic syndrome and acute myeloid leukemia.** If you have breast cancer or lung cancer, when STIMUFEND is used with chemotherapy and radiation therapy, or with radiation therapy alone, you may have an increased risk of developing a precancerous blood condition called myelodysplastic syndrome (MDS) or a blood cancer called acute myeloid leukemia (AML). Symptoms of MDS and AML may include tiredness, fever, and easy bruising or bleeding. Call your healthcare provider if you develop these symptoms during treatment with STIMUFEND.
- **Inflammation of the aorta (aortitis).** Inflammation of the aorta (the large blood vessel which transports blood from the heart to the body) has been reported in patients who received STIMUFEND. Symptoms may include fever, abdominal pain, feeling tired, and back pain. Call your healthcare provider if you experience these symptoms.

The most common side effect of STIMUFEND is pain in your bones and in your arms and legs.

These are not all the possible side effects of STIMUFEND. Call your healthcare provider for medical advice about side effects. You may report negative side effects to the FDA at **1-800-FDA-1088**.

Please see **STIMUFEND Patient Information**.

STIMUFEND Injection: 6 mg/0.6 mL in a single-dose prefilled syringe for manual use only.

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